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SUMMER 2007 SCHEDULE: JUNE ♦ JULY ♦ AUGUST

Day of Week	Pilates	Cardio Pump	Kickboxing	Fight Club	Taekwon-Do
Monday		7:00 - 8:00pm	8:00 - 9:00pm		6:00 – 7:30pm Night program
Tuesday			7:00 - 8:00pm	Call for times.	
Wednesday		7:00 - 8:00pm	8:00 - 9:00pm		6:00 – 7:30 pm Night Program
Thursday			7:00 - 8:00pm	Call for times.	
Friday					

Effective: 6/1/07 Revised: 5/18/07 The schedule is subject to change.

There are dates that **CCFD** will be **CLOSED**, but this list is subject to change:

June 13

**NO PUMP or KICKBOXING the week of JUNE 25
JULY 4**

**Any changes will
be posted on
www.cartersfitness.com!
Also, feel free to call
203.673.4499!**